



- How do you feed your soul? (Not just "doing devotions")
- First, we can feed our souls by listening to God speak. (temptation of Jesus after baptism; "if you are...;" "Man does not live on bread alone, but on every word that comes from the mouth of God" – Mt 4:4)



- First, we can feed our souls by listening to God speak. Mt 4:4
- God speaks through direct revelation in 6 ways. (Audible; Whispers; Pictures; Word in mind's eye; Body/emotions; Knower)
- God's words bring life (I love you) (inner healing – Not your fault)



 Second, we can feed our souls through Scripture. 2 Timothy 3:16-17, "All Scripture is God-breathed and is useful for teaching, rebuking, correcting & training in righteousness, so that the man of God may be thoroughly equipped for every good work."



- Second, we can feed our souls through Scripture. 2 Tim 3:16-17
- The purpose of reading Scripture is not to know the Bible; the purpose of reading Scripture is to know God! We are one breath away from encountering the living God. ('stirring'; Anxiety – Ps 23)



 Third, we can feed our souls by obeying God. John 4:32,34, "I have food to eat that you know nothing about . . . My food is to do the will of him who sent me and to finish his work." (divine appointment – Erie airport) (yes to God, no self)



 Fourth, we can feed our souls by cultivating His presence. John 7:37f, "If anyone is thirsty, let him come to me and drink. Whoever believes in me, as the Scripture has said, streams of living water will flow from within him." (the river of life) (woman in Erie – vision of the river) (Butler – bottled up grief)