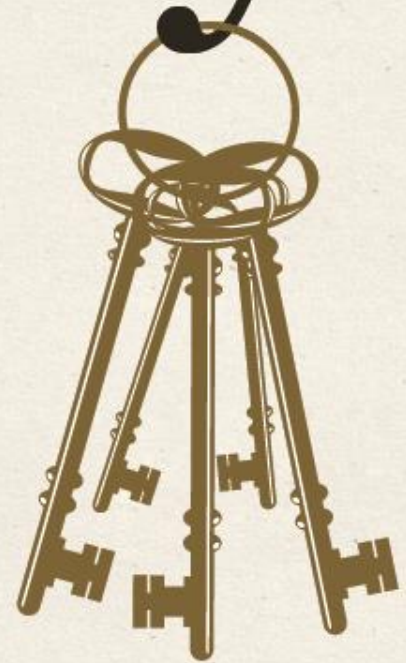
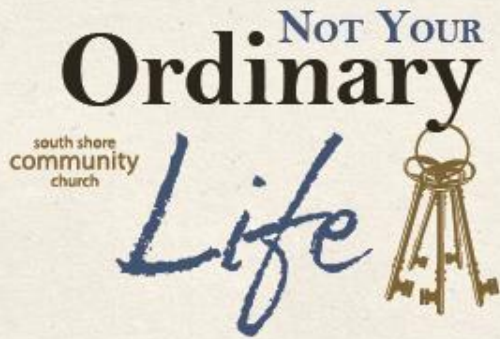


NOT YOUR  
Ordinary

south shore  
community  
church

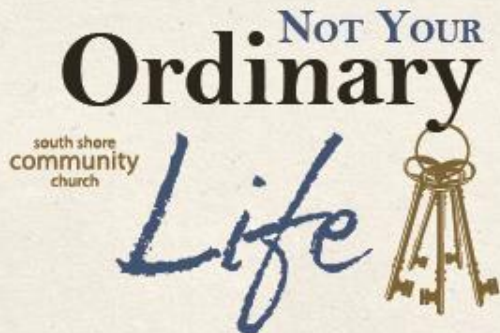
Life





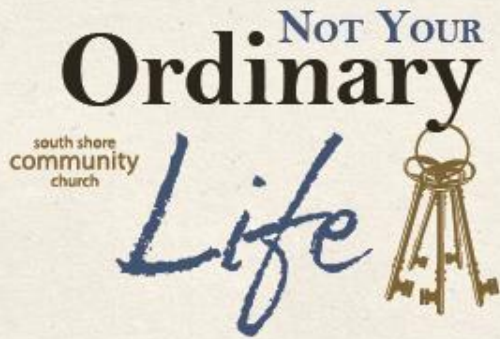
## Soul Care:

- Career success & Marriage failure
- If we are going to increase our spiritual authority, and our words are going to carry more weight with God & people, then we need a healthy soul (along with intimacy & wisdom). (power line & character/intimacy line)
- Three key principles to soul care:



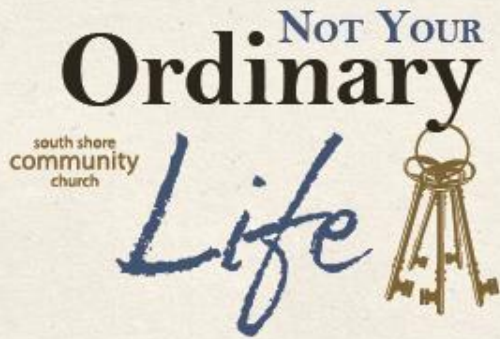
## Soul Care:

- **First, if we are going to have a healthy soul, we need to walk in self-awareness.** 1 John 1:5f, “God is light; in him there is no darkness at all. If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.” (e.g., hurt)



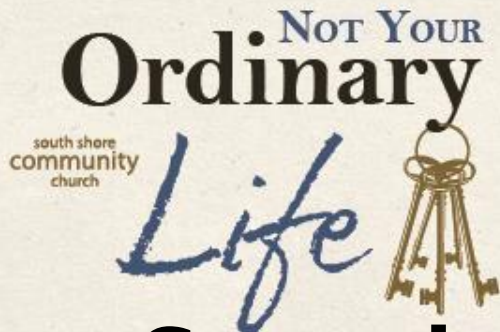
## Soul Care:

- **First, if we are going to have a healthy soul, we need to walk in self-awareness. 1 John 1:5f**
- We can never mature past our current level of self-awareness.
- Walking in the light allows us to understand why we do what we do. We become aware of the issues of the heart. (anxiety – pressure to produce)



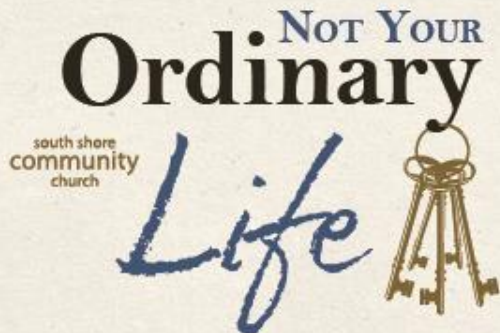
## Soul Care:

- **First, if we are going to have a healthy soul, we need to walk in self-awareness. 1 John 1:5f**
- God can use our circumstances, people, Scripture, or whispers of the Holy Spirit to lead us into the light. (soul care issues – sin & repentance; forgiveness; lies; fears; wounds; demonic strongholds)



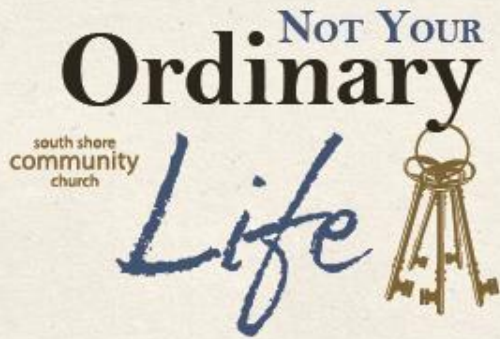
## Soul Care:

- **Second, if we are going to have a healthy soul, we need to be transformed by the renewing of our mind.** Romans 12:2, "Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind."
- What we believe determines what we become. (about God - abandoned; yourself - victim)



## Soul Care:

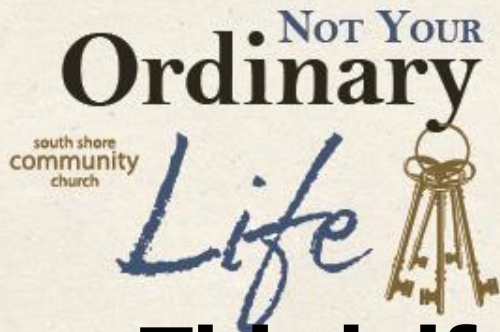
- **Second, if we are going to have a healthy soul, we need to be transformed by the renewing of our mind.** Romans 12:2
- 2 Cor 10:3-5, "For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds."



## Soul Care:

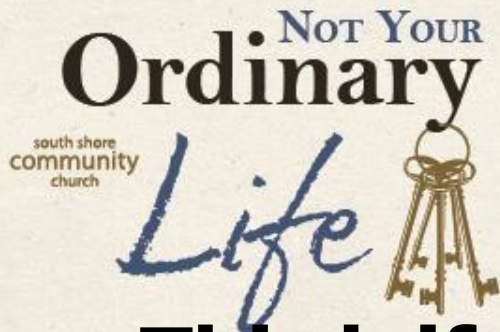
- **Second, if we are going to have a healthy soul, we need to be transformed by the renewing of our mind.** Romans 12:2
- 2 Cor 10:3-5, "We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." (word like a hammer)





## Soul Care:

- **Third, if we are going to have a healthy soul, we need to be transformed by the presence of God.** 2 Cor 3:17-18, "Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit."



## Soul Care:

- **Third, if we are going to have a healthy soul, we need to be transformed by the presence of God.**  
2 Cor 3:17-18
- We can access God's presence by spending time alone with God. (19 in a car; 30 in my attic; 40's at a monastery)
- We can access God's presence through the body of Christ. (Sunday services; small groups - 1 Cor 12 – manifestation gifts)