



LIVING WHO YOU  
ARE:

# Living who you are:

- Intro: You will never behave in a manner inconsistent with the way you see yourself. (Unloved) What you believe about yourself shapes your life
- POINT: Live consistently with who you are in Christ. Paul spent 3 chapters talking about who we are in Christ. Who I am is defined by my relationship to Christ. Now, he calls them to transformation, not behavior modification. Live out who they are.

# Living who you are:

- Ephesians 4:17-24, “So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the *futility of their thinking*. They are *darkened in their understanding and separated from the life of God* because of the ignorance that is in them due to the hardening of their hearts.”

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- Ephesians 4:17-24, “Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.”  
(world view; Thinking-Actions-Outcome – separated from the life of God; Hedonism)  
(Sensitivity to the presence of God satisfies, life of God)

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- Ephesians 4:17-24, “That, however, is not the way of life you learned when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;

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- Ephesians 4:17-24, “to be made new in the attitude (Spirit) of your minds; and to put on the new self, created to be like God in true righteousness and holiness.”

# Living who you are:

- POINT: Live consistently with who you are in Christ. How?
- 1. Put off your old self – repent; change the way you think about yourself, sin, life. To live like unbelievers is utterly inconsistent with who we are in Christ. (put off old self/sinful nature – confessions current; change view of self; engage in spiritual disciplines, self denial)

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- POINT: Live consistently with who you are in Christ. How?
- 2. Renew your minds by the Spirit; Allow the Spirit to reshape our thinking (“attitude of your mind” or renewed in your mind by the Spirit)  
Rom 12:2 (Give the Spirit access; Spirit’s Presence – deep change; Scripture; Voice – identity – I love you, pounding a spike)



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- POINT: Live consistently with who you are in Christ. How?
- 3. Put on the new self – identity, Spirit of God. (Changing clothes) (New creation – spirit & soul) (identity – need revelation to believe who we are in Christ; Eph 1:18f) (John 8:31-32 – hold on) (e.g., performance lie – critical, shaming home & criticized now; hold on)